

# Inspire Home Learning

## Reception

### Just for fun!

The rainbow has become a widely used symbol of hope during recent weeks and commonly used to say thank you to the NHS and other keyworkers. Get creative and be inspired by these handprint rainbow crafts to create a new thank you card or poster for your home.

### Rainbow Wreath



### Cloud Hands



### Rainbow Butterfly



# Inspire Home Learning

## Reception

### Personal, Social and Emotional Development

#### Taking turns:

This is an important life skill and one we can practice every day. You can take turns while playing games, listening and talking in conversations, using toys and choosing movies to watch on T.V. Here are a few taking turn tasks you might like to try this week:

- **Hide and seek**
- **Ready Steady go! Racing games**
- **Pushing a car/train around a track**
- **Rolling or kicking a ball back and forth**
- **Hitting a balloon back and forth**
- **Having a pretend conversation on a toy telephone, taking turns to speak**
- **Taking turns to pour and drink a pretend cup of tea**
- **Taking turns to turn a page of a book or open a flap**
- **Lotto games – taking turns to take a picture**
- **Inset puzzle – take in turns to place a piece of puzzle**
- **Taking turns down the slide**
- **Taking turns to use a cutter for play dough/baking**

There are many more ways to take turns. Let us know how you have taken turns this week.

#### Time to take a break:

Need a time out? Go online to Cosmic Kids Yoga and follow a guided relaxation video @ <https://www.youtube.com/user/CosmicKidsYoga>

#### Breathing Buddies:

Pick your favourite cuddly toy, this will be your breathing buddy. This is a chance for your body to be calm so there should be no other noises like the T.V or radio playing.

Lie down with your breathing buddy on your tummy.

Breathe in silence for one minute and notice how your breathing buddy moves up and down.

**What do you notice?** When you are breathing imagine that any thoughts that come into your head turn into bubbles and float away.



# Inspire Home Learning

## Reception

### Communication and Language

While you are at home you can practise the skill of listening and paying attention then completing a challenge.

Maybe you can learn a new song, dance or musical pattern and then sing it back to a member of your family. With permission you could even film it to share with us at school or family and friends using social media.

#### Create your own home school.

You become the teacher and invite your toys and teddies to come to school. Decide what you are going to teach and get the resources ready. Think about what order your toys will learn in. Think about things you used to do at school every day like assembly, storytime, snack, phonics, singing and direct teaching. Remember to share everything you know with your class like how to count, write letters and numbers plus tell your own story. Maybe a grown up can film you being the teacher and share the video with your normal class teacher.



#### Family I can't see...mini me

While families are staying safe at home we might not be seeing some of our familiar friends and family as regularly as we used to.

You could create your own mini me characters to use in your small world play. A mini me is a small version of you. Usually a photograph that has been printed, laminated and stuck to something that could help it stand up.



Some of you may even have a mini me of yourself at school which you can play with. You could make some of your own family while you are at home. Find a photo of the person you are going to make 'mini'. Print it out and cut around their outline. Laminate it if you have a fancy laminator or stick it onto some cardboard like the back of a cereal packet. Glue or tape your mini me to something like a small bottle, yoghurt pot or small box – anything that will help it stand up. Finally start playing!

# Inspire Home Learning

## Reception

### Physical Development



#### Balloon keepy uppy

How long can you keep the balloon up without touching the floor?  
How many body parts can you use to keep it from touching the floor? Try your foot, knee, hand, head and even your elbow!  
Make it a competition with other members of your family. How could you log the results?

#### Pavement workout

How many different ways can you think of to get your body moving? Jumping, skipping, hopping, spinning, running? You could even try moving in different directions!



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## Reception

### Literacy

#### Phonics

The BBC have a series of characters called Alphablocks which help to segment and blend sounds together for reading and spelling. You can find out more by following the link below.

<https://www.bbc.co.uk/cbeebies/grownups/the-alphablocks-guide-to-phonics>

The common exception words are those words which do not follow the typical rules we use in phonics. You can use these words to create your own roll and say boards for the words you are less confident in reading.

I	the	and	no	cat
go	of	they	yes	get
come	we	my	for	said
went	this	see	a	to
up	dog	on	dad	in
you	me	away	can	
day	like	mum	he	
was	going	it	am	
look	big	at	all	
are	she	play	is	

**Find a die and paper to create your own roll and say board.**

**Adapt some outdoor games. If you knock down a skittle write the word.**

**Create active games where you practise spelling and reading your common exception words.**

Years 1 and 2 – Roll and Read					
the	of	do	to	today	here
said	says	your	they	be	he
me	she	we	no	come	some
one	once	ask	friend	school	put
are	were	was	is	his	has
I	you	go	so	by	my



### Writing

Keep your muscles for writing warmed up and get cutting the grass. All you need is a pair of scissors and some grass!

Practise your cutting skills by trimming the grass. You could talk to your family about the length of grass you have cut, you could make your own grass soup or even count the grass strands that you snip. You could get creative with the grass you collect and make your own grass pictures. Let your imagination run wild.

# Inspire Home Learning

## Reception



### Making marks

tape pencils, pens or felt tips to the back of toy vehicles with some masking tape. What can your toys write? What can they draw?



### Flour play



You will need a tray, flour and something to make marks with. This could be cutlery, your fingers, paint brushes, playdough rollers, the list is endless! What shapes, patterns, letters or numbers can you create in the flour?

### Reading

Telling stories is a fantastic way to help you learn about characters, settings and events. You can even turn your stories into puppet shows or small world adventures with your toys. Some of you may like to emulate your favourite T.V presenter and tell your stories on camera.



If you are not sure what to tell your story about an adult could help you make a story tin. Your adult will need an empty tin, box or container. They need to gather some loose parts or small world toys and create a theme for your story. This could be pirates, super heroes, princesses, animals etc.

Once your adult has made your container but before you open it. What do you think will be inside? What story do you think you could make today?

Open the lid and look at each object carefully. **What story could you make with the objects in your tin? Who will the characters be? Where is the story set? What will they do? Will something happen? How will the problem be solved? How will the story end?**

# Inspire Home Learning

## Reception

### **Some things to think about...**

*How will your character talk? How will they move? What sounds may they hear in the setting?*

Have lots of fun story telling and creating your own stories. Your adult could slightly change your tin each day by adding or swapping objects that are inside. How will that change your story? By the end of the week you will be an author and have written your own stories. You could try writing them down or ask an adult to record the story you tell. Remember to share your learning with your teachers back at school.

### **Enjoying stories**

Reading together and enjoying stories is a great way to spend time with your family. You could pick a book that you have at home or if you have access to the internet you could listen to some of your favourite TV personalities reading a story to you. You could even try making a reading den to snuggle up in.



<https://www.bbc.co.uk/iplayer/episodes/b00jdlm2/cbeebies-bedtime-stories>

# Inspire Home Learning

## Reception

### Maths

#### Numbers 1-20

#### **Spectacular Skittles**

Go through your recycling and find empty plastic bottles, tubes or tin cans. Use your craft materials to decorate your soon to be skittles. Maybe you can choose a theme like dinosaurs or super heroes, princesses or animals. Add numbers to your skittles – if you find this tricky ask an adult to write them and then you have a go at copying. Find a ball and get playing.



You could challenge yourself and create a tally of your score. You may want to find out your total score by adding up each round. If you play with your family, make a certificate for the winner!

#### **Dice game**

You will need a 6 sided dice and some teddies or toys. Use your dice to help you invite your toys to a picnic, tea party or join a den you have made. Roll your dice and collect the same number of toys. You could keep rolling and add up how many toys you have altogether. How could you record how many toys you have invited? When all your toys are at your party you could roll the dice to see how many go home.



**Some questions your adults could ask you while you are playing...**

**What does the dice say?**

**Tell me about the teddies you have chosen.**

**Have we got room for any more teddies?**

**Have we got enough teddies?**

**When considering the dice - Is that more than/less than/same as your last roll?**

### Measurement

#### **Routines**

While we are at home our usual routines of coming to school and following the timetable of the day have changed. Have a think about the new routines that you have at home. Take photographs or draw pictures of some of the events you do every day. These events may be cleaning your teeth, watching T.V. completing some learning, going for a walk, eating breakfast, lunch and tea, playing with your toys etc.

Once you have your events you can muddle them up and try



# Inspire Home Learning

## Reception

and put them back in the right order.

**Here are some questions that you might like to think about...**

**What do you do first?**

**Which activity do you do first/next/after.../before...?**

**What day comes after today? What day will it be today/yesterday?**

**What day comes after/before Tuesday?**

**How many sleeps is it until the weekend/our trip to the shops?**

### **Socks**

Ask your adults for a selection of different socks of different sizes (include dolls, baby and adult socks, long socks and short socks and even a few odd socks) to sort into pairs.

You could set up your own washing line with pegs. Challenge yourself to sort the socks in different ways.

**You could think about...**

***The size and length, colour or pattern providing opportunities for comparing and ordering.***

**Explain to your adults...**

***Have you got room for any more socks? Do you have enough pegs? How do you know you have the longest socks? Why some socks match a group and others not?***

**Record your explorations...**

***How could you think of a way to show how many of each sock you have?***

***How could you check that you haven't lost any socks?***



# Inspire Home Learning

## Reception

### Understanding the world

During these unusual times many of us have a little more time to be curious and wonder. While you are out walking with your families take the time to observe the nature around you. To help you capture what you see you could decorate an eggbox



using felt tips or paints or create a nature card.

Go on a nature walk and use your box or card

to collect different things you find. Talk about the colours and the changing seasons with your family. Investigate what you collect, what are the names of some of the plants/leaves that you find?



To make a nature card use double sided tape or wrap sticky tape around the card - sticky side up!

### **Nature freeze**

Once you have collected your nature items from your walk put the things into a variety of containers that you can freeze. Fill with water and add to the freezer.



### **No cook playdough**

**You will need:** 2 cups of plain flour, a few drops of food colouring, 2 tbs of vegetable oil, ½ cup of salt, 2 cups of boiling water. **What**

**to do:** Mix the flour, salt, oil and food colouring in a bowl. Slowly add the boiling water. Stir as you add the water (you may not need it all). Allow to cool and then knead and play.



Once you have made your playdough you could practise your cutting skills by giving your doll a haircut! Find a doll with no hair. Roll some of the playdough into sausages. Stick them to the head of your doll. Repeat until your doll has lots of hair! Using scissors

give your doll a good haircut. ***I wonder what batman would look like with long hair!***

### **Snap and Squeeze playdough**

**What you will need:** 1 cup of cornflour, 2 tbs of oil, 2 tbs of children's shampoo or washing up liquid. **What to do:** Put 1 cup of cornflour into a bowl. Add the oil and stir a little (it will go lumpy – don't worry).



# Inspire Home Learning

## Reception

Add the shampoo and washing up liquid. Get your hands in and work it for a while and it will come together (if it is a bit dry then add more shampoo). This dough should both **SNAP** and **SQUEEZE!**

# Inspire Home Learning

## Reception

### Expressive Arts and Design

Collect lots of random 'stuff' from around your house...look down the side of the sofa, recycling boxes, bits and bobs found in the kitchen drawers. Once you have collected your treasures let the children make picture and sculptures – whatever takes their fancy...



### **Outdoor painting**

**You will need:** a container for water (bucket, basin, pot), some clean paint brushes – preferably big ones, some outdoor space.

**What to do:** First fill your container with water. Then dip your brush in the water. Next set to work painting the ground, a fence, gate or wall.

If it is a dry day you can come back later and see that all the water has evaporated and start again!



### **Painted toast**

Mix a few drops of food colouring with some milk and paint it onto bread (water doesn't work as well) then toast like normal. Now you can eat your masterpiece!

### **Foil sculptures**

Make any kind of sculpture with newspaper then wrap it in shiny foil. Experiment with making things stand up or roll. **What will you make?**



### **Chalk characters**

Be the main feature of your own pictures. Use chalk to draw your own scene and then photograph yourself as part of your creation.



### **Useful websites:**

# Inspire Home Learning

## Reception

<https://play.ttrockstars.com/auth/school/student> - Times tables practice

<https://www.youtube.com/user/GoNoodleGames> - Physical activities

<https://spellingframe.co.uk/> - Spelling Practice

<https://mathsframe.co.uk/> - Maths Practice

<https://www.nhs.uk/change4life/recipes> - Cooking Ideas